



# फूल सिंह बिष्ट राजकीय महाविद्यालय नौघर

लम्बगाँव टिहरी गढ़वाल (उत्तराखण्ड) 249165

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1. फूल सिंह बिष्ट राजकीय महाविद्यालय लम्बगाँव टिहरी गढ़वाल में सत्र 2017-18 में महाविद्यालय में स्थापित कैरियर काउन्सलिंग सेल द्वारा 03 कार्यक्रम आयोजित किये गये
  - (i) दिनांक 17-08-2017 को जिसका विषय- "कैरियर में राजनीति विज्ञान का महत्व", जिसमें मुख्य वक्ता डॉ० सतेन्द्र कुमार पाण्डेय रहे
  - (ii) दिनांक 11-11-2017 को जिसका विषय- "शिक्षाशास्त्र में रोजगार कि सम्भावनाये", जिसमें मुख्य वक्ता डॉ० विपिन कुमार शर्मा रहे
  - (iii) दिनांक 28-02-2018 को जिसका विषय- "भूगोल के क्षेत्र में रोजगार एवम सेवाए", जिसमें मुख्य वक्ता श्री जितेन्द्र शाह रहे
2. फूल सिंह बिष्ट राजकीय महाविद्यालय लम्बगाँव टिहरी गढ़वाल में सत्र 2018-19 में महाविद्यालय में स्थापित कैरियर काउन्सलिंग सेल द्वारा 03 कार्यक्रम आयोजित किये गये
  - (i) दिनांक 24-09-2018 को जिसका विषय- "इतिहास विषय में कैरियर विकल्प", जिसमें मुख्य वक्ता के रूप में श्री कैलाश उनियाल रहे।
  - (ii) दिनांक 10-12-2018 को जिसका विषय- "समाजशास्त्र एवम मानवाधिकार विषय में रोजगार", जिसमें मुख्य वक्ता के रूप में डॉ० दयावती रही।
  - (iii) दिनांक 08-03-2019 को जिसका विषय- "महिलाओं कि भारतीय अर्थव्यवस्था में भूमिका", जिसमें मुख्य वक्ता के रूप में डॉ० सुनैना रावत रही।
3. फूल सिंह बिष्ट राजकीय महाविद्यालय लम्बगाँव टिहरी गढ़वाल में सत्र 2019-20 में महाविद्यालय में स्थापित कैरियर काउन्सलिंग सेल द्वारा 03 कार्यक्रम आयोजित किये गये
  - (i) दिनांक 21-08-2019 को जिसका विषय- "रक्षा सेवा के क्षेत्र में रोजगार के अवसर", जिसमें मुख्य वक्ता के रूप में डॉ० भरत सिंह चुफाल रहे।
  - (ii) दिनांक 24-10-2019 को जिसका विषय- "आय एवम रोजगार सिद्धांत", जिसमें मुख्य वक्ता के रूप में श्री अनुपम रावत रहे।
  - (iii) दिनांक 12-12-2019 को जिसका विषय- "हिंदी भाषा और रोजगार", जिसमें मुख्य वक्ता के रूप में डॉ० विपिन कुमार शर्मा रहे।
4. फूल सिंह बिष्ट राजकीय महाविद्यालय लम्बगाँव टिहरी गढ़वाल में सत्र 2020-21 में महाविद्यालय में स्थापित कैरियर काउन्सलिंग सेल द्वारा 02 कार्यक्रम आयोजित किये गये

- (i) दिनांक 13-02-2021 को जिसका विषय- “पुस्तकालय विज्ञान में रोजगार कि सम्भावनाए”, जिसमे मुख्य वक्ता के रूप में श्री मुकेश रमोला रहे।
- (ii) दिनांक 03-03-2021 को जिसका विषय- “योग में भविष्य में रोजगार कि सम्भावनाए”, जिसमे मुख्य वक्ता के रूप में डॉ० शुभम उनियाल रहे।
5. फूल सिंह बिष्ट राजकीय महाविद्यालय लम्बगांव टिहरी गढ़वाल में सत्र 2021-22 में महाविद्यालय में स्थापित करियर काउन्सलिंग सेल द्वारा 04 ऑफलाइन तथा 01 ऑनलाइन कार्यक्रम आयोजित किये गये
- (i) दिनांक 10-04-2021 को जिसका विषय- “भूगोल एवम पर्यावरण अध्ययन विषय में रोजगार एवम भविष्य”, जिसमे मुख्य वक्ता के रूप में श्रीमती अनुजा रावत रही।
- (ii) दिनांक 23-07-2021 को जिसका विषय- “शिक्षण प्रशिक्षण के उपरांत शिक्षा विभाग में रोजगार एवम भविष्य”, जिसमे मुख्य वक्ता के रूप में श्री बलबीर चौहान रहे।
- (iii) दिनांक 27-10-2021 को जिसका विषय- “शिक्षण प्रशिक्षण के उपरांत शिक्षा विभाग में रोजगार एवम भविष्य”, जिसमे मुख्य वक्ता के रूप में डॉ० अनीता गोस्वामी रही।
- (iv) दिनांक 14-12-2021 को जिसका विषय- “भूगोल के क्षेत्र में विभिन्न करियर विकल्प”, जिसमे मुख्य वक्ता के रूप में डॉ० भरत सिंह रहे।
- (v) दिनांक 08-03-2022 को जिसका विषय- “रसायन विज्ञान के क्षेत्र में करियर विकल्प”, जिसमे मुख्य वक्ता के रूप में श्री दुर्गा प्रसाद रहे।



# फूल सिंह बिष्ट राजकीय महाविद्यालय नौघर

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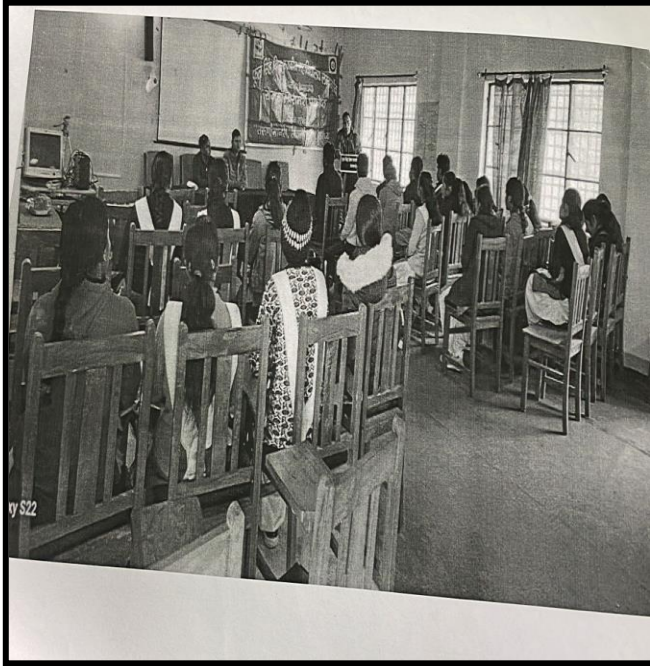
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1. In the session 2017-18, 03 programs were organized by the Career Counseling Cell established in the college at Phool Singh Bisht Rajkiya Mahavidyalaya Naugar, Lambgaon, Tehri Garhwal.
  - (i) On 17-08-2017, the theme of which was "Importance of Political Science in Career", in which the main speaker was Dr. Satendra Kumar Pandey.
  - (ii) On 11-11-2017, the theme of which was "Employment Prospects in Geography", in which the main speaker was Dr. A. P. Dubey.
  - (iii) On 28-02-2018, the theme of which was "Employment and Services in the field of Geography", in which the main speaker was Shri Jitendra Shah.
2. In the session 2018-19, 03 programs were organized by the Career Counseling Cell established in the college at Phool Singh Bisht Government College, Lambagaon, Tehri Garhwal.
  - (i) On 24-09-2018, the theme of which was "Career Options in History subject", in which Shri Kailash Uniyal was the keynote speaker.
  - (ii) On 10-12-2018, the theme of which was "Employment in Sociology and Human Rights", in which Dr. Dayawanti was the keynote speaker.
  - (iii) On 08-03-2019, the theme of which was "Role of Women in Indian Economy" was Dr. Sunaina Rawat as the keynote speaker.
3. In the session 2019-20, 03 programs were organized by the Career Counseling Cell established in the college at Phool Singh Bisht Government College, Lambagaon, Tehri Garhwal.
  - (i) On 21-08-2019, the theme of which was "Employment Opportunities in the field of Defence Services", in which Dr. Bharat Singh Chufal was the keynote speaker.
  - (ii) On 24-10-2019, the theme of which was "Income and Employment Theory", in which Shri Anupam Rawat was the keynote speaker.

- (iii) On 12-12-2019, the theme of which was "Hindi Language and Employment", in which Dr. Vipin Kumar Sharma was the keynote speaker.
4. In the session 2020-21, 02 programs were organized by the Career Counseling Cell established in the college at Phool Singh Bisht Government College, Lambagaon, Tehri Garhwal.
- (i) On 13-02-2021, the theme of which was "Employment Prospects in Library Science", in which Shri Mukesh Ramola was the keynote speaker.
- (ii) On 03-03-2021, the theme of which was "Future Employment Prospects in Yoga", in which Dr. Shubham Uniyal was the keynote speaker.
5. In the session 2021-22, 04 offline and 01 online programs were organized by the Career Counseling Cell established in the college at Phool Singh Bisht Government College, Lambagaon, Tehri Garhwal.
- (i) On 10-04-2021, the theme of which was "Employment and Future in Geography and Environmental Studies", in which Smt. Anuja Rawat was the keynote speaker.
- (ii) On 23-07-2021, the theme of which was "Employment and Future in Education Department after Teaching Training", in which Shri Balbir Chauhan was the main speaker.
- (iii) On 27-10-2021, the theme of which was "Employment and Future in Education Department after Teaching Training", in which Dr. Anita Goswami was the keynote speaker.
- (iv) On 14-12-2021, the theme of which was "Various Career Options in the Field of Geography", in which Dr. Bharat Singh was the keynote speaker.
- (v) On 08-03-2022, the theme of which was "Career Options in the field of Chemistry", in which Shri Durga Prasad was the keynote speaker.





# PHOOL SINGH BISHT GOVT. DEGREE COLLEGE LAMBGAON, TEHRI GARHWAL

## STUDENTS CAREER COUNSELLING

SESSION ( 2 0 2 1 - 2 2 )

*Believe in  
Yourself.*



# CAREER & CAREER DEVELOPMENT

**Career - A person's progress through his/her life.**

**Career Development – It is an ongoing progress of gaining knowledge and improving skills that will help a person to be successful in his/her life.**

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**YOUTH**

## CURRENT TRENDS

- FOCUS IS LOST,
- LESS INFLUENCE BY TEACHERS, PARENTS, ETC.
- INCREASING DROPOUTS.
- CHECKING QUALITY IN FOOD AND CLOTHES BUT NOT IN EDUCATION.
- INCREASING COMPETITION
- A-I-M LESS PROCESS.

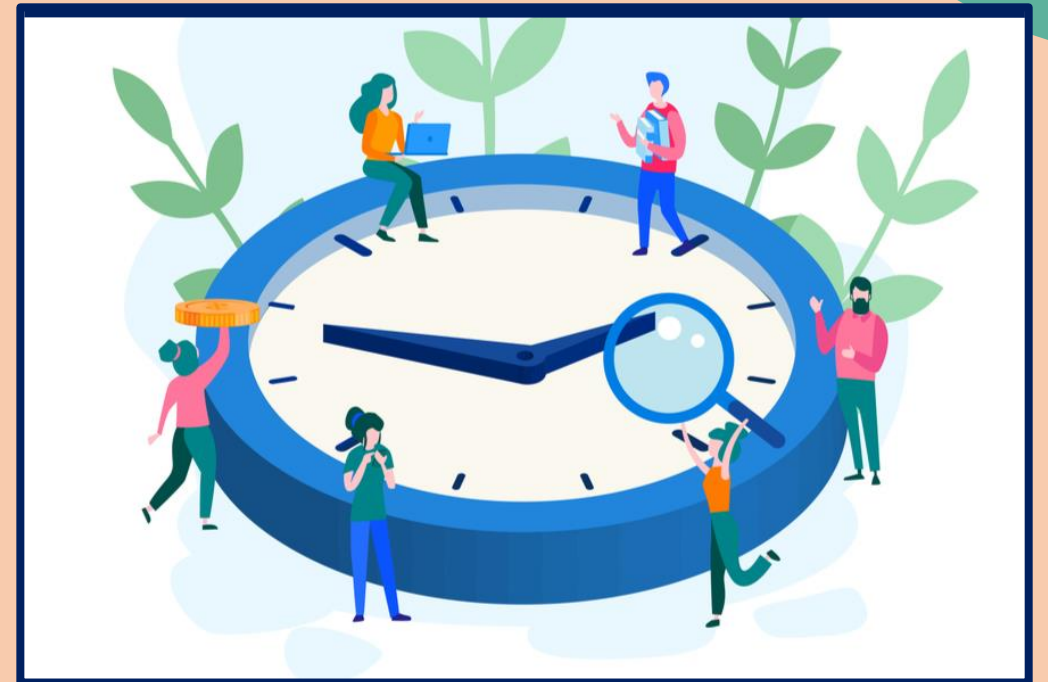


SO WHAT DO YOU WANT TO DO WITH  
THE REST OF YOUR LIFE.....???????



# WHY SELECT A CAREER?

- 1) WE HAVE BEEN CREATED UNIQUE (E.G. FINGERPRINT)
- 2) WE ARE BORN ONLY ONCE.
- 3) WE SPEND ALMOST 40 YEARS ON WORK.
- 4) A TOTAL OVER 80,000 HOURS, WE WORK.
- 5) NOW ASK YOURSELF HOW WILL YOU SPEND THESE 80,000 HOURS BEFORE YOU DIE...??



**INTEREST**

**SKILLS  
&  
ABILITY**

**PLANNING**

**PREPARATION**

# **CAREER CHOICES FACTORS**

**GOALS**

**SALARY**

**INFLUENCE**

**RESOURCES**

**FAMILY**

**EDUCATION**

# SMART GOALS

**S – SPECIFIC**  
**M – MEASURABLE**  
**A – ACHIEVABLE**  
**R – RELEVANT**  
**T – TIMELY**



# PLANNING

- WHAT ARE YOUR INTEREST?
- WHAT DO YOU WANT TO BE?
- WHAT ARE YOUR SKILLS?
- WHAT TYPE OF CAREER FIT YOUR SKILLS AND INTEREST?
- HOW DO YOU PREPARE FOR THE CAREER?



# MANAGEMENT



# Guest Speaker

**DR. ANITA GOSWAMI**  
**ASSOCIATE PROFESSOR**  
**DEPT. OF HISTORY**  
**SMP GOVT. PG COLLEGE, MEERUT**



- PUBLISHED BOOK (8)
- PUBLISHED RESEARCH PAPERS (78)
- SEMINARS (105)
- JRF ICHR DELHI
- SECRETARY SHRI SIDDHI VINAYAK EDUCATIONAL TRUST MEERUT





## PRINCIPALS VERDICT

**PROF. HITESH KUMAR JOSHI**





The image features a central orange rectangular area. Inside this rectangle is a colorful, abstract paint splatter pattern with shades of purple, blue, green, yellow, and red. Overlaid on this splatter is the text "Thank You!" in a bold, white, sans-serif font. The word "Thank" is white, and "You!" is a light orange color. The background of the entire image is white, with large, dark, irregular shapes in the top and bottom corners, suggesting a torn paper effect.

**Thank You!**



# PSB GOVT. DEGREE COLLEGE LAMBGAON, TEHRI GARHWAL

## Career Counseling Cell Progress Report (2021-22)



Career Counseling is an information processing step that is required in order to step forward in the career. A student is provided with information on all aspects of his/ her career and is supported to advance and take steps to achieve the goals. It is a scientific process that can be given ideally by trained and certified counselors. The job of a career counselor has even been compared to that of a doctor. They first analyze the talent and skills of the student, prepare a proper course structure for advancement in his/ her career, guide the student on how to proceed in their career and motivate them to achieve what they are aiming at.

It is a comprehensive, developmental program designed to assist individuals in making and implementing informed educational and occupational choices. A career guidance and counseling program develops an individual's competencies in self-knowledge, educational and occupational exploration, and career planning.

For the educational, vocational and technical up gradation of student's career counseling in geography by Dr. Bharat Rana (Guest Faculty in Geography), counseling in chemistry by Mr. Durga Prasad Oliya (Assistant Professor Chemistry) and Counseling in Civil services and education is guided by Dr. Anita Goswami (Associate Prof. History), etc. were conducted by the college Career Counseling Cell.

College Career Counselling  
Committee Members:  
Mrs. Mayani Chaudhary  
Dr. Vijay Rana



